



# AwakenCARE

## Home Essentials

### LAUNDRY DETERGENT:

Puracy Laundry Detergent

### ALL PURPOSE CLEANERS:

Earth Friendly Products ECOS

### DISHWASHER DETERGENT:

Seventh Generation

### DISH SOAP:

Puracy Dish Soap

### TOILET BOWL CLEANER:

Seventh Generation

### FLOOR CLEANER:


Aunt Fannies

### REUSABLE FLOOR WIPES:

Xanitize Microfiber Cloth

### DRYER BALLS:

Organic Wool Dryer Balls



Check out more  
healthy cleaning  
tips here:

[https://www.ewg.org/  
guides/cleaners](https://www.ewg.org/guides/cleaners)



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### **SPRAY BOTTLES:**

#### **Glass Spray Bottles**

### **DIY PURPOSE CLEANER:**

1/2 cup of white vinegar\*

2 cups of water

2-3 drops of lavender essential oil

2-3 drops of peppermint essential oil

2-3 drops of lemon essential oil

Combine everything in a glass spray jar and shake.  
Spray on counter and wipe clean with a dish cloth.

\*Note: if you are very sensitive to the smell of vinegar, I recommend infusing it with citrus peels and/or herbs for a week or two before straining to remove materials. Use infused vinegar in place of white vinegar above.